

Jefferson School

Home of the Wildcats

Alyssa Wooten, Principal Lauren Beith, Principal's Secretary Angela Hewey, Attendance Clerk

November 4, 2019

Dear Jefferson Families,

It is the start of Trimester two and a time for us all to set goals for ourselves for this coming trimester. Educator Fitzhugh Dodson said, "Without goals, and plans to reach them, you are like a ship that has set sail with no destination." So, with that, sit down with your child, set goals for trimester two. Here are some tips to set up your child for success when setting goals:

- 1. Decide if you are setting a short-term or long-term goal (or both!)
- 2. The goal needs to be specific. Make it as specific as possible.
- 3. The goal needs to be measurable. How are you going to tell if the goal is being met?
- 4. Make the goal realistic. Push yourself, but make it possible to reach.
- 5. Express your goal in a positive way.
- 6. Post you goal somewhere visible so you see it every day.

Start small if you are new to goal setting. Some people just pick one specific action and others will choose several. The point is to set a goal, work to reach it, then continue setting goals to create the best you!

This week we will host a presentation regarding vaping. This is a real problem and one that continues to grow. Our students and community are affected by vaping and many people are unaware of the health implications. The presentation, put on by Tracy PD, will take place this Thursday at 2:00 in the gymnasium. Parents are more than welcome to attend and receive up to date information regarding this epidemic. In the meantime, here is a great video to help parents understand about vaping and marijuana use. <u>https://vimeo.com/285704355</u>.

Report Cards will be mailed home on Friday, November 15, 2019. Again, we truly appreciate your continued support. Please read the Jefferson Times on a weekly basis and visit our website at <u>https://www.jeffersonschooldistrict.com/jefferson</u>.

Sincerely, Alyssa Wooten, Principal The *University of Pacific's Beyond Our Gates Community Council* hosts the annual Every Day Counts Attendance Challenge. For the month of September, we submitted our perfect attendance count and we won as one of the many schools with the highest attendance in San Joaquin county.

With this win, students who had perfect attendance for the entire month of SEPTEMBER, received an entry for a chance to win a Kindle FIRE! They also received a perfect attendance bracelet, a voucher for 2 tickets to a Stockton Heat game, a voucher for 2 tickets to a UOP basketball game. The drawing for the Kindle FIRE took place in the morning on Friday, November 1st.

The winner who was drawn was.....Katherine Holtman! Congratulations to all the students in the month of September who received perfect attendance.

Way to go

JEFFERSON WILDCATS

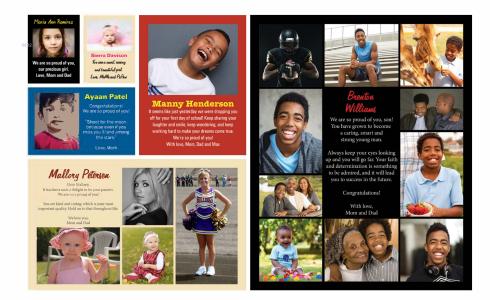
Sth graders Parents/Guardians

On Friday, November 1, the 8th graders received Tracy High School registration packets. Please make sure the packet is completed and turned into the office no later than November 14. If your packet is not turned in on time or incomplete, this can hinder their class schedule with Tracy High School. If the packet is not completed and turned in on time, then you'll need to contact Tracy High directly for registration.

If your student is slotted for Kimball High School or West High School, packets will be arriving in November.



Gates at jgates@jsdtracy.com



SHOW YOUR LOVE *Create a Yearbook Ad*

Don't miss this opportunity to congratulate your graduating senior and express your love.

Go to **yearbookordercenter.com** to create an ad honoring your child.

AD INFORMATION

6832

Ad size and formatting options differ based on school choices.



KIMBALL HIGH SCHOOL INCOMING FRESHMAN PARENT NIGHT & PROGRAMS FAIR





DECEMBER 5, 2019 AT 6PM

Don't miss out on this great opportunity to understand more about your student's future. Learn about our programs and classes at KHS. All incoming freshman parents and studnets are welcome. Kimball High School Cafe

- & Athletic Complex
- REGISTRATION PROCESS
- CLASS SCHEDULING
- GRAD & COLLEGE REQUIREMENTS
- EXPLORE CLASSES & CLUBS
- AVID & MEDICAL ACADEMY

John C. Kimball High School Medical and Health Services Academy

Learn More About MHSA

MHSA Applications for incoming 9th grade Students available



Preview Next School Year

Get to know current and future MHSA Students and Staff



When: November 6, 2019 at 6pm

Where: KHS Room D7

More imformation @ https://kimballhigh.tracy.k12.ca.us/ academics-programs/medical-and-health-services-academy

ILLNESS AND SCHOOL MEMO

I NEED TO STAY HOME IF								
I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL		
~~~		00	600	600	<b>!</b>			
Oral temperature of <b>100°F</b> or higher.	Within the past 24 hours.	Within the past 24 hours.	Body rash with itching or fever.	Itchy head, active head lice.	Redness, itching and/or "crusty" drainage from eye.	Hospital stay and/or ER visit.		

I AM READY TO GO BACK TO SCHOOL WHEN I AM							
Fever free for 24 hours without the use of fever reducing medication (i.e. Tylenol, Motrin).	Free from vomiting for <b>at</b> <b>least 2 solid</b> <b>meals</b> .	Free from diarrhea for <b>at</b> least 24 hours.	*Free from rash, itching, or fever. Evaluated by my doctor and have note to return to school.*	Treated with appropriate lice treatment at home and proof is provided to nurse.	*Evaluated by my doctor and have note to return to school.*	*Released by my medical provider to return to school.*	

*To return to school, a doctor's note must be provided to the school nurse stating the date of return.

STEPS TO REDUCE ILLNESS							
Drink plenty of water, eat a healthy variety of foods, and get at least 8 hours of sleep every night.	Get a flu shot.	Wash hands frequently using soap and water for at least 20 seconds.	Cover coughs and sneezes with tissues or by coughing into the elbow.	Keep children at home if they are sick. Separate sick family members from others.	Ensure parent emergency contact information is correct.	Call your doctor for: high fever, prolonged illness, respiratory problems, or other severe symptoms.	

## MealTime Just Got Easier! Make Deposits online*

#### Check your students account balance online** You can still deposit cash and checks through your school site clerks

Welcome! Jefferson School District has chosen MealTime Online to provide the opportunity for you to make credit card deposits into your student's cafeteria account or view your student's purchase history via the internet.

#### To Use MealTime Online:

Visit Jefferson School District web site <u>https://www.jeffersonschooldistrict.com/</u> and locate the link to the Food Services department. Find the link to Meal Time or go directly to: <u>http://www.mymealtime.com/</u> .

**Step 1:** Create a MealTime Online profile. Click on the "Create new profile" link and enter a Username and Password that you will use to login to MealTime Online. The Username and Password must be at least 6 characters. For example, Username: jsmith Password: pty845.

**Step 2:** Add your student. Login to your MealTime Online account (using the Username and Password that you created in Step 1), click on Meal Account Deposits then click the "Add New Student" link and add your student by entering their first name and student ID number. You can find your students ID number through your Aeries Portal.

**Step 3:** Make a Deposit. Click on the "Make Deposit" link to make a deposit into a school account. <u>There is a transaction fee for making deposits</u>. Click on the "View Details" link next to your student's name to view their cafeteria account balance and purchase history.

#### <u>Note:</u>

#### Online Deposits are now processed every 5 minutes!!

*Small charge from MealTime